

# Garner Parks and Recreation

## Men's Basketball Rules, Policies, and Procedures

**THE GARNER PARKS AND RECREATION DEPARTMENT RESERVES THE RIGHT TO CHANGE MISCELLANEOUS INFORMATION, LEAGUE RULES, AND PROCEDURES AS DEEMED NECESSARY.**

### **LIABILITY STATEMENT**

I release any and all claims for liability that may arise. I understand that injuries may occur and that the City of Garner, the Garner Parks and Recreation Department, and the Veterans Memorial Recreation Center, and any employees and volunteers, are not responsible for these injuries whether through their negligence or otherwise. I further agree to waive and relinquish all claims I may have as a result of participating in this program/activity against the City of Garner, the Garner Parks and Recreation Department, and the Veterans Memorial Recreation Center, including its officials, agents, volunteers, and employees.

### **TEAM CAPTAIN RESPONSIBILITIES**

- Rosters must be turned in by the **first game**. All players must have signed the roster. Rosters are open throughout the season.
- Make sure all players are informed of game times.
- The team captain is the only member of the team that may discuss a rule or interpretation with the supervisor.
- Team captains are responsible for their team and their own actions during the game.
- Please remember this is a "call your own" league. The success of the league and the enjoyment of the teams involved will depend on the sportsmanship and conduct of all players.
- It's the team captain's responsibility to contact the **Asst. Director, Brett Bulson at 641-860-0054** with any problems or questions.

### **GENERAL LEAGUE RULES**

- \$100 team fee is **due at registration**.
- See league handout for specific registration deadlines.
- There is a \$20 fee for late registration.
- Basketball shoes/clean tennis shoes must be worn on the basketball court.
- NO SANDALS.**
- Trash talking, taunting, name-calling, and profanity will NOT be tolerated. We are a family facility, and you are grown, men. No warnings will be issued. Violation of this rule will result in the immediate removal of the player and/or team from the premises, and the league indefinitely.**
- This league is based on Iowa high school rules, with a few rules and policies mentioned here.

### **PLAYERS /ELIGIBILITY**

- Teams must have a roster and waiver turned into the Recreation Director prior to playing your first game.
- Rosters are open throughout the season.
- Players may only play on ONE team. *Players must play in at least one league game to be eligible for the tournament.*
- No one may play in any game without signing the team roster form.
- All players must be 18 years and older to participate and may not be involved in high school basketball.
- Profanity will not be tolerated. The player will get one warning; if they receive a second warning, this is term for ejection and player removal from the premises.

### **GENERAL GAME RULES**

- The home team is listed first on the schedule.
  - Home team wears white, away team wears dark.
- The home team starts with the ball at the top of the key. Teams will alternate possession on all jump situations beginning with the away team.
- There will be two 20 minutes halves.
- Halftime will be 4 minutes.

- Three-point shots will be allowed; the defense has the final call if it was two or three points.
- Each team has 3 timeouts per game. Each timeout is 1 minute in length.
- Teams must have 3 players at game time to start.
  - If the team has fewer than 3 players at the scheduled game time, they must forfeit the game.
- A team may start with 3 players at the beginning of the game.
  - If the number of players able to play falls below 3, the team must FORFEIT the game.

#### Clock

- The clock will stop in the last minute of the first half and the last two minutes of the second half.
  - If a team is winning by more than 15 points with 2 minutes remaining in the second half, the clock will not stop.
- The clock will stop for injuries.
- NO STALLING of the clock is allowed. If this shall occur, ball possession will automatically go to the defensive team.
- OVERTIME** will be 4 minutes long, with the clock stopping in the last 2 minutes.

**THE CLOCK WILL NOT START ON THE CHECK. IT WILL START ONCE THE BALL IS PASSED IN AND TOUCHED BY ANOTHER TEAMMATE.**

#### FOULS

- This is a “call your own” league. Defensive team or offensive team may call fouls or violations.
  - Defensive team will have the final say on all fouls and violations if there is a disagreement.
- The ball will be “checked” out on top of the key on all common fouls. Players must pass the ball in at the top of the key (cannot start by dribbling).

#### Shooting Fouls

- Free throws will only be awarded during the last 2 minutes of the second half and during overtime.
  - The clock will stop for free throws.
  - For any fouls throughout the game, other than in the last 2 minutes or in overtime, the ball must be checked at the top of the key.
- On foul shots, players may enter the free throw lane as soon as the shooter releases the basketball. The shooter may enter the free throw lane only after the ball hits the rim.

#### Technical Fouls

- Dunking or hanging from the rim is not allowed before, during, or after the game. Any player caught dunking will be ejected from the game. Dunking during the game will be considered a technical foul.
- Two technical fouls will result in an ejection from the game.
- On all technical fouls, the opposing team will receive two free throw shots and the ball.

#### Flagrant Fouls

- Fighting or flagrant fouls will be considered an attempt to hit, punch, kick or injure an opposing player.
- A player called for a flagrant foul will be ejected from the game and suspended the following game.
- Two flagrant fouls by a team will result in a forfeit.

Aside from the rules listed above, the league will follow the rules of the Iowa High School Athletic Association.

**It is the responsibility of the team captain and players to conduct themselves in a respectful and sportsmanlike manner. Any type of unsportsmanlike behavior before, during, or after the game will be reviewed by the League Supervisor.**

#### TOURNAMENT INFORMATION

- The tournament will be a single-elimination tournament.
- All teams will be eligible to qualify for the tournament.
- A team that forfeits two games (during the regular season) will not qualify for the tournament.
- Players must play in at least one league game to be eligible for the tournament.